



Group Fitness Classes

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
	12:30pm Hatha Yoga		12:30pm HathaYoga	12:30pm Zumba (starting July 1)
	5:30pm Vinyasa Yoga Flow		5:30pm Vinyasa Yoga Flow	

For more information call x4060

Make sure to download our App LIU Pratt Recreation Center!