

Rape and Sexual Assault

What is Sexual Assault:

Sexual assault is defined as: any sexual act directed against another person, forcibly, and/or against that person's will; or not forcibly or against the person's will where the victim is incapable of giving consent.

If it is Someone You Know, Can it Be Rape?

YES. Acquaintance rape, sexual assault that occurs between people who know each other, is far more common on college campuses than stranger rape. Acquaintance rape is as serious as any other form of rape and should be reported immediately.

If you feel you are the victim of a sexual assault on campus, report the incident so that trained campus staff members can provide prompt and supportive assistance. Public Safety personnel will keep all calls confidential.

What Should you do if you are or someone you know is a victim or a sexual assault or Rape:

1. Report the incident immediately
2. Do not wash, shower, change clothes, or douche before calling or going for help.
3. All efforts should be made to preserve evidence. Do not touch any evidence of an attack or struggle, even if the assault took place in your room or home.
4. Go to a safe place. Ask a friend to stay with you. Call Public Safety at extension 2222 on campus or 911.

What can you do to Prevent Sexual Assault and Rape:

Women:

Be verbal about your sexual desires and your limits
Be assertive
Be aware that nonverbal actions can send unintended messages
Be alert as to what is happening around you
Trust your intuitions
Avoid drug or alcohol use
Stay close by friends

Men:

Be verbal about your sexual desires and your limits
Remember if your sexual advances are turned down it is also the other person's decision
Accept the other person's decision
Do not assume that previous permission sexual contact applies to the current situation
Avoid drug or alcohol use
Stay close to friends

Precautions for when you are at a bar/club/lounge/house party:

Be aware of your surroundings
Go with people you trust- make sure everyone you came with is accounted for when you are ready to leave.
If you are offered a drink be sure that you are present when it is poured and that it is from an unopened bottle.
Do not leave your drink unattended- if you do leave your drink unattended do not come back and drink it.

Where to get help:

1. The C.W. Post Student Health and Counseling Center has counselors that you can speak to:

The office hours are: Monday- Friday 8a.m.-8p.m.
Located in the Life Science Building in Room 154
Phone number- 516-299-2345

2. Coalition Against Domestic Violence- Nassau County

24/7 Domestic/Dating Violence Hotline 516-542-0404

24/7 Rape/Sexual Assault Hotline 516-222-2293

www.cadvnc.org