

CRC HEALTH AND SAFETY AT A GLANCE

Safety Policies

The CRC semester includes travel to Taiwan, Thailand, Turkey and India. Sometimes changes in itinerary may be called for at short notice, in response to well-grounded concerns about safety. The safety of students is the program's top priority and, to that end, the Director, traveling Faculty Advisor and local coordinators seek advice on local conditions from local scholars and officials and from US embassies and consulates. The advice of the US State Department is a guiding factor at all times.

Drugs

Drug use threatens not only the health of students, but can easily lead to criminal charges. It also can jeopardize the standing of the entire group, as well as the reputation of our hosts. If you feel unable to refrain from using illegal drugs during the year, then please withdraw from the program. Please also refer to the "Five Agreements" for more on the prohibition of drugs on CRC.

Emergency Procedures

If a travel warning is issued, students will be evacuated from the country in due course once it is safe to do so. We encourage all students to subscribe to the U.S. Department of State Travel Warnings (DOSTRAVEL) electronic mailing list by sending an email to: listserv@lists.state.gov type in the message body "SUBSCRIBE DOSTRAVEL YOURNAME" (omit the quotation marks and leave subject blank). You can also use the online subscription form at: <https://travelregistration.state.gov/ibrs/ui/>. It is good practice to keep a copy of your passport and entry stamp with you when you travel and in a separate bag from your wallet in case your passport is lost in transit.

Recreational Travel

For their own safety, students are not permitted to travel to countries with State Dept. travel advisories or to areas with high health or safety risks even if such travel is for recreational purposes and/or during semester breaks. If a student travels to one of those countries she/he will be automatically out of the Program.

Mandatory International Health Insurance

All Global College students are automatically charged for health insurance per semester (it is part of tuition and fees). Students will be automatically charged this fee. A Member ID card will be mailed to your home address (while you are studying outside the US). You can also print a paper copy of your ID card from Aetna's website at the following URL: <http://www.aetnastudenthealth.com/schools/LIU>, see the right hand column and click on "Print Your ID Card". Note that you can only print this ID card once you are actually enrolled in the insurance after the beginning of the semester.

Please note when students are abroad that one must pay out of pocket for doctor's visits, hospital stays, prescriptions, etc. (so bring some extra money -- credit cards also work

October 5, 2011

fine -- to cover any medical emergency), and then submit a claim to the insurance company for reimbursement. Save the receipt and submit the receipt with the following information written on the bill, if there's space, or attach a separate piece of paper, if necessary: Your name, LIU ID number (which is also your Aetna Member ID number) and school name must be written on all medical bills.

The insurance includes coverage for the following:

- Physician Office Visits
- Preventative Exam Expense
- Emergency Care
- Inpatient Hospitalization
- Surgical Expenses (Inpatient & Outpatient)
- Laboratory and X-Ray Benefit
- Prescription Drug Benefits

Please note that there is no exclusion for pre-existing conditions and there is no claim form to fill out. AETNA recommends that students who are out of the country coordinate their health care through their Travel Assistance provider, On Call International.

Travel assistance:

If a student is on a field trip and has an emergency, they can contact the 24/7 call center at 1-866-525-1956 (toll free from the U.S.) or 603-328-1956 (call collect from anywhere in the world).

Yearly Coverage Dates: August 15, 2011 through August 14, 2012

All of the above information was taken from the 2011-2012 Aetna Student Health Insurance Plan Highlights for Long Island University. To view the full plan details, you may access it at the Aetna Student Health website.

Immunizations

Global College of Long Island University *requires* all enrolled students to have certain standard immunizations (listed on the "Health Examination Form" enclosed in the deposited student mailing). For other vaccinations for international travel, go to <http://www.cdc.gov> and perform a search under the countries we will be visiting to see what inoculations and other prophylaxes are required and/or suggested. Consult your doctor, local clinic or health department early, as some series of vaccinations may take weeks. Please discuss the potential side effects of particular malaria prophylaxes with your medical professional. Students should travel with the "International Certificate of Vaccination." This booklet will contain a record of all your vaccinations.

AIDS Awareness

There is no such thing as a high-risk group – there is only high risk behavior. Using a condom protects against HIV and other sexually transmitted diseases, but is never a guarantee. Please take the necessary precautions to avoid becoming infected with this or any STD.

October 5, 2011

Personal Medications

It is recommended that you bring required medications for the duration of the program, as it is difficult to find most North American medications overseas under the same product or name brand. **Please carry copies of your prescriptions**, especially if you are on long-term prescription medication. This helps if you happen to be stopped for a Customs inspection. **Bring strong sunscreens and DEET-based insect repellents with you.** Additionally, tampons can be difficult to find in Thailand and, even more, India so bear that in mind when purchasing such items in the U.S. or Taiwan.

Help Available in the United States

The Citizens Emergency Center in the State Department's Bureau of Consular Affairs provides emergency services relating to the welfare of Americans arrested or detained abroad, searches for Americans missing overseas, transmission of emergency messages for Americans to their next of kin and transfer of private funds to US posts abroad for delivery to destitute Americans. Assistance at the Citizens Emergency Center is available Monday through Friday from 8:15 am to 10:00 pm at 1-888-407-4747 (from overseas: 202-501-4444).

For Overseas American Citizen Services in the United States call 1-888-407-4747. If calling from overseas dial 202-501-4444.