

**LIU Hudson also congratulates the following faculty, students and alumni on their achievements:**

**Michael Cooper**, (School Counseling, W), is a school counselor at the Pelham Academy of Academics and Community Engagement in New York City.

**Joseph Falco**, LMFT, (Rockland Counseling) began a new position as Academic Advisor at New Jersey City University in September 2015. Additionally, Professor Falco presented "Why Can't I Sleep?: A Developmental Approach to Working With and Understanding First-Year College Students," at the New Jersey Association of New Student Advocates 5th Biennial Conference in Atlantic City, NJ on October 23, 2015. He also presented "Jitterbugs and Debbie Downers Unite: The Unique Psychopathological Experience of Identifying as LGBTQ and Coping with Anxiety & Depression," at the 13th Annual LGBTQ College Leadership Conference, Montclair State University on November 6, 2015.

**Margaret Henry**, (School Counseling, W), is in her third year of a doctoral program in Marriage and Family Therapy at Eastern Connecticut State University.

**Alex Kushner**, (Teacher Education, W), is teaching 4th grade at P.S. 49 in the Bronx.

**Emily Lager**, (Counseling, W), has accepted a permanent position at Eastern Middle School in Greenwich, CT.

**Rachelle Ledger**, (School Psychology, W), has accepted a position at a high school in Redding, PA and has also begun the Psy.D. program at the Philadelphia College of Osteopathic Medicine.

**Emma Rose (Bei Bei) Liu**, (Teacher Education, W), is working as a secondary math/special education teacher at Pleasant Cottage Middle/High School.

**Thomas J. Nardi, Ph.D.**, was a presenter at the Dominican College Psychology Career Day on October 14, 2015. Dr. Nardi spoke about the career opportunities in the counseling professions for psychology majors.

**Dr. Christopher Rigling**, a psychologist who has expertise in substance abuse and couples therapy will be joining LIU Hudson at Westchester as an adjunct faculty member.

**Gabriela Sanchez**, (Teacher Education, W), has accepted a position at Maryel International Preschool in Manhattan as a Spanish teacher in the toddler room.

**Don't forget, we are always happy to hear from you! Share your accomplishments, personal and professional news by emailing us at [westchester@liu.edu](mailto:westchester@liu.edu) so you can keep in touch with friends and fellow students through our newsletter.**

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LIU HUDSON  
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# the hudson herald:

Twelfth Edition

Spring 2016

## The Voice of LIU Hudson at Westchester, Rockland, and West Point

Dear *Hudson Herald* Community Member:

LIU Hudson has much to look back upon with pride as the Fall 2015 semester has now officially closed. Business, public and health administration, teacher and educational leader preparation programs, school counseling and psychology, as well as marriage and family therapy and mental health counseling are all actively engaged in program review to ensure that students are well prepared to meet current market needs.

As a result of the program review efforts of the faculty, courses are on a regular review cycle. Courses have been updated and, in some cases, programs have been altered. The credits required for both the MBA and MPA have been reduced. A new MBA internship has been introduced for those seeking program entry without underlying business experience. Moreover, a new MBA concentration and advanced certificate in the Business of Pharmaceuticals, Biotechnology and Related Industries are added academic options.

LIU Hudson's teacher and educational leader programs are both growing. To some degree this reflects a positive shift in the job market. Teachers with dual certification and those with educational leadership credentials are finding employment as retirements rise and districts begin hiring again following several years of contraction. Areas of high demand include, but are not limited to, those credentialed to teach ESOL (English to Speakers of Other Languages), Early Childhood, and Literacy.

New advanced certificate programs have also been added for those seeking credentialing as bilingual school counselors and bilingual school psychologists. There is statewide need in both of those categories.

I am looking forward to reporting more LIU Hudson achievements in the coming semesters. Best wishes for a happy and healthy 2016 to our students, faculty and staff. It is my pleasure to work for you and with you.

Sincerely,

Sylvia Blake, Ed.D.  
Dean and Chief Operating Officer

### Spring 2016 Dates and Deadlines for Rockland (R); Westchester (W); West Point (WP)

January 4-6	Express Admission Days (R & W)
January 5	New Student Orientation (R)
January 5	Student Teaching Orientation (W)
January 6	New Student Orientation (W)
	Workshop: Navigating New TED Assessments 4-6 p.m. (W)
January 11	All classes begin (R&W), Spring "A" session begins (WP)
January 13	CPT Comprehensive Exam Orientation (W)
January 15	Awarding of January degrees
January 18	Martin Luther King Day, no classes, offices open
January 19	CPT Comprehensive Exam Orientation (R)
January 28	Deadline to apply for May 2016 degrees
February 6	EDL Weekend College (R)
February 7	EDL Weekend College (R), CPT Comprehensive Exam (R)
February 13	CPT Comprehensive Exam (W)
February 15	President's Day, no classes, offices open
February 17	Teacher Ed Comprehensive Exam (R)
February 27	Teacher Ed Comprehensive Exam (W)
March 5	EDL and TED Weekend College (R), Autism Workshop (W)
March 6	EDL and TED Weekend College (R), Promoting Wellness/Child Abuse (W)
March 7-11	Spring Recess, no classes except MBA, Spring session ends (WP)
March 10	MBA Spring I ends (R&W)
March 14	Classes resume, MBA Spring II begins (R&W), Spring "B" begins (WP)
March 28	DASA Workshop (R) 9 a.m.-1 p.m.
April 2	DASA Workshop (W) 10 a.m. - 1 p.m., EDL and TED Weekend College (R)
April 3	EDL and TED Weekend College (R), Promoting Wellness and Project Save (R)
April 5	Open House (W)
April 9	Child Abuse/Violence Prevention, Promoting Wellness (W)
April 12	Open House (R)
April 16	Promoting Wellness (W)
April 28	Spring Session "B" ends (WP)
April 30	TED Weekend College (R)
May 1	TED Weekend College (R)
May 2-6	Scheduled Final Exams
May 7	MBA Session II ends (R&W)
May 9	Graduate Reception (R&WP)
May 10	Graduate Reception (W)
May 12	Commencement - Barclays Center

(Calendar as of December 9, 2015)



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## New Concentration – The Business of Pharmaceutics/Biotechnology

The School of Business at Long Island University's Hudson Graduate campuses has launched a new concentration, The Business of Pharmaceutics and Biotechnology. This program bridges the knowledge gap between scientists - who need to gain a broader understanding of the business of drug/technology discovery, development and commercialization - and business operation professionals - who need insight into the science, regulation and development processes in pharmaceutical, biotech and related industries.

The 33-42 credit MBA program can typically be completed in about 18 months. There is also a 12 credit new advanced certificate program in the Business of Pharmaceutics and Biotechnology that consists of four courses. Both programs offer a supportive learning environment and mentoring from faculty members with industry experience.

For additional information or to set up an individual appointment, please contact Dr. Kevin Nash, MBA/MPA program director, at kevin.nash@liu.edu.

## New MPA Curricula

The MPA curricula, both in public and health administration, have been revised. MPA 550, "Computer Applications," will no longer be required because the level of technology expertise that most individuals now possess precludes the need for a separate course devoted to an understanding of the use of various database management systems. The required course, MPA 505, Analytical Methods – Applied Research, will be slightly altered to ensure that students are well equipped to apply data gathering techniques and analytical methods to deal with administrative issues.

This curricular change will result in a 39-credit MPA that will save students time and money while continuing to equip them with a robust and well respected graduate credential.

## DASA Workshops

As part of a continuing effort to assist students in meeting New York State certification requirements, LIU Hudson will again be offering the state-mandated DASA (Dignity for All Students Act) workshop in Harassment, Bullying, Cyberbullying and Discrimination in Schools, Prevention and Intervention. Completion of the DASA workshop is required for New York State Certification.

LIU Hudson will offer the six hour workshop (three hours face-to-face and a three-hour online component which must be completed within one week of the face-to-face) on Monday, March 28 from 9 a.m. - noon at the Rockland Campus and on Saturday, April 2 at the Westchester Campus from 10 a.m.-1 p.m. The fee for this NYSED required workshop is \$100. Registration forms are available at the front desks of the Westchester and Rockland campuses or online at <http://liu.edu/Hudson/StudServ/Forms>. Please direct questions to Prof. George Pietarinen at george.pietarinen@liu.edu.

## Child Abuse and Violence Prevention Workshops

Child Abuse and Violence Prevention workshops (needed for NY State certification) will be offered on Saturday, April 9 at the Westchester campus from 9 a.m. – 1 p.m. Registration forms for those needing the workshops are available at the front desk at the Westchester campus. Please contact Prof. Pietarinen at 914-831-2706 or email george.pietarinen@liu.edu with any questions. The cost is \$30 for each workshop or \$60 for both.

## LGBTQ 101 Presentation

The LIU Hudson at Westchester School of Counseling Psychology and Therapy sponsored a presentation "LGBTQ 101" on Thursday, November 16. The presentation featured Mr. Santo Barbagiovanni, LMSW, Program Director of Center Lane. Center Lane is Westchester's only community center for (LGBTQ) youth.

Topics of discussion included: an introduction to concepts, FAQ's and best practices for working with LGBTQ individuals and communities; building knowledge, confidence and skills for service providers working with LGBTQ youth; and concepts and terminology, gender identity, gender expression, sexual orientation and bullying.

The interactive presentation was very well received by students, alumni and numerous counseling professionals from local schools and agencies. If anyone is interested in obtaining the file of Mr. Barbagiovanni's presentation, please contact Dr. Weiner at beth.weiner@liu.edu.

## Counselor's Casebook

The Counseling Honor Society of LIU Hudson Graduate Center at Rockland presents "The Counselor's Casebook Spring 2016 series"

February 8, from 6-7 p.m. – Supporting the Emotionally Disturbed Student

March 1, from 6-7 p.m. – Guilty or Not Guilty

March 24, from 6-7 p.m. – Identifying as LGBTQ and Coping with Anxiety and Depression

April 11, from 6-7 p.m. – No More Secrets

What actually takes place in a counseling session? What goes through the counselor's mind while working with a client? How does the counselor decide what to say or not say to a client? How are counseling theories put into practice?

If you have wondered about these questions, please attend the Counselor's Casebook. For details on these presentations please visit [www.liu.edu/hudson](http://www.liu.edu/hudson) and to register please contact debora.minerva@liu.edu.

## Westchester/Putnam Guidance Expo 2015

Dr. Beth Weiner, the Counseling, Psychology and Therapy Program Director at LIU Hudson Westchester, spoke at the annual Guidance Expo on the topic *School Counseling Interventions for the Student with Bipolar Disorder*. Over 100 people attended and this talk was a follow-up to last year's presentation, which was an overview of emotionally disturbed children and adolescents. Dr. Weiner discussed the ways that school counselors can provide support within the school setting. She discussed symptom management, social issues, crisis management including suicide risk, and college placement for students with these challenges.

## Creativity in Counseling Conference

The Counseling Honor Society of LIU Hudson at Rockland and the Rockland Region Chapter of the New York Mental Health Counselors Association invite you to *Creativity in Counseling: Assessment, Treatment and Self Care* on Saturday January 16, 2016 from 9 a.m. to noon

This conference begins with Dr. Thomas J. Nardi explaining an exciting new assessment technique and its application to cognitive-behavior therapy. Then, psychologist and lifelong musician Dr. Judith Schlesinger will explore the therapeutic power and use of music in counseling. Dr. Michael G. Ainette will conclude with creative stress management techniques.

Admission is free, but to reserve your seat, please contact debora.minerva@liu.edu or 845-450-5413. For more information, please contact Dr. Thomas J. Nardi, Rockland Program Director of School and Mental Health Counseling, at thomas.nardi@liu.edu.

## Girls Night of Beauty Gets Youth Thinking About Self-Respect

On October 9, 2015 members of the LIU Hudson at Rockland Counseling Honor Society spoke to teenage girls in the Spring Valley community about true beauty, peer pressure, self-esteem and self-respect. The participating students were Amanda Karam, Miosha Bryant, Masha Arius and Rachel Guyt. Make-up artists from Lord and Taylor and hairstylists from Salon S in Northvale, NJ provided the girls with free makeovers.

## Fund Raising Events

On October 17, 2015 members of the LIU Hudson at Rockland Counseling Honor Society participated in the Autism Speaks fundraising walk at Rockland Community College. Organized by Adam Schreiber (Rockland School Counseling), the members, along with friends and family, raised \$2,000 for autism research, advocacy and awareness.

On October 18, 2015, over 400 teams and more than 3,000 people braved cold weather to walk at Woodbury Common for Breast Cancer Awareness. The West Point Counseling Honor Society, led by Mary Beth Leggett, the coordinator of the LIU Hudson at West Point Counseling Programs, raised over \$500 for breast cancer research.

## Rockland Region Chapter of NYMHCA Formed

The New York Mental Health Counselors Association (NYMHCA) has granted official recognition to the Rockland Region Chapter of NYMHCA. The Chapter will provide opportunities for our students and professional members to network, share internship and employment possibilities, attend continuing education workshops, and participate in mentoring programs.

Thomas J. Nardi, Ph.D., the Director of Counseling Programs at Rockland and West Point, is the Chapter's founder and president, Mary Beth Leggett, MS, NCC, is the vice-president, and Rockland Counseling Program professors Jamie Shumake, MS, LMHC and Roseanne Composto, MS, LMHC are the Chapter's secretary and treasurer, respectively. For information about membership and upcoming events, please contact Dr. Nardi at thomas.nardi@liu.edu.

## Stay in the Loop: Use MyLIU

MyLIU is the website through which the University communicates with all of its students at all of its campuses. Using your My LIU account, either directly or by linking it with another email account, will give you access to your personal academic history, class schedules, and unofficial transcripts. It will also provide you with instant access to your LIU financials – scholarships, loans, financial aid information, bills, payments, etc. Not least important is the role that MyLIU plays in assuring that all LIU Hudson students receive campus notifications and University news in a timely way.

If you have not created an account, you can begin by going to [www.liu.edu](http://www.liu.edu) and clicking on the **MyLIU link** and again on **Activate My Account**. If you have questions or need help, please email our Information Technology Assistant [leon.hubbard@liu.edu](mailto:leon.hubbard@liu.edu) or call him at 845-450-5421.

Remember, avoid paying late fees and missing deadlines by checking your MyLIU account regularly.

## LIU Hudson at West Point

For over 30 years, LIU has been offering evening, graduate counseling programs at the Army Education Center at West Point. The programs are designed to meet the needs and time constraints of working adults, and are especially convenient for those who are currently serving in the military, as well as their family members. Civilian Department of Defense employees at West Point or in the surrounding communities are also eligible to attend classes at West Point. Evening classes are offered in an accelerated format, allowing students to complete a degree in as little as two years. LIU Hudson at West Point offers three masters programs, Mental Health Counseling, Marriage and Family Therapy and School Counseling. For additional information contact the Program Director, Dr. Thomas J. Nardi at thomas.nardi@liu.edu or 845-450-5429 or the Program Coordinator, Mary Beth Leggett at marybeth.leggett@liu.edu or 845-446-3818.

## People and Placements

The Educational Leadership Department would like to congratulate the following 2014 and 2015 graduates who have recently been appointed to administrative positions in local New York State public schools.

**Tanya Duryea**, director of Special Education, Monticello Central School District

**Maureen Ellison-Connolly**, chairperson of the Math Department, Scarsdale School District

**Deborah Gallant**, elementary school assistant principal, Minisink Valley Central School District

**Derick Gilmour**, high school assistant principal, Nanuet High School

**Christine Hanner**, elementary school assistant principal, Enlarged City School District of Middletown

**Ann Horrega**, elementary school assistant principal, Enlarged City School District of Middletown

**Joanna Linarello**, elementary school assistant principal, Port Jervis City School District

**James Ryan**, athletic director, Monticello Central School District

**Dana Taylor**, Director of Special Programs, Monticello Central School District

**Kelly White**, high school assistant principal, Ellenville Central School District

**Dr. Helaine W. Marshall**, LIU Hudson TESOL and Bilingual Education Program Director, was invited to speak at the University of Rochester, Syracuse University and St. Michael's College in Vermont, on both of her research areas: culturally responsive teaching and flipped learning. Dr. Marshall was the keynote speaker at Superintendent's Conference Day in the Ramapo School District, presented at the annual conferences of the New York State Association of Teacher Educators, the Terra Urban Education Conference, and the Low Educated Literacy and Second Language Acquisition Symposium.

Dr. Marshall's most recent article just appeared in the NASSP Bulletin (National Association of Secondary School Principals).

For more information on the TESOL or Bilingual Education programs at LIU Hudson or to learn more about culturally responsive teaching and flipped learning, please contact helaine.marshall@liu.edu.