

CERTIFICATE IN ECLECTIC COGNITIVE BEHAVIOR THERAPY

A SYNTHESIS OF THE LEADING COGNITIVE BEHAVIORAL APPROACHES



There is an increasing demand for counselors and therapists who are trained in the cognitive behavioral approaches. This continuing education program will provide psychologists, mental health counselors, school counselors, social workers, psychiatric nurses and pastoral counselors with training that will enhance their skills and expand their career options.

Training in Eclectic Cognitive Behavior Therapy will provide a strong foundation in the basic theory and application of the major cognitive behavior systems. The program will focus on assessment techniques; identifying and disputing maladaptive beliefs; setting appropriate treatment goals; contrast and integration of cognitive behavior therapy with other therapies; and the use of homework. The specific cognitive behavioral techniques for treating anxiety, phobias, obsessive-compulsive disorders, depression and other problems will be covered.

Students will receive a *Certificate of Completion* in the basic theory and practice of ECTB upon successful completion of the entire course.

Class Dates: Sundays, March 27, April 10 and May 1, 2011

Time: 9 a.m. – 3 p.m.

**Location: Rockland Graduate Campus of Long Island University
70 Route 340 Orangeburg, New York 10962**
(If using a GPS, please use this address: 230 Route 340, Sparkill, NY)

Room: 102

Fee: \$395

Instructor: Thomas J. Nardi, Ph.D.

Thomas J. Nardi, Ph.D. is the originator of Eclectic Cognitive Behavior Therapy. He has 30 years experience teaching and practicing Cognitive Behavior Therapy. He has been a training supervisor at the Albert Ellis Institute and has published articles and book chapters on CBT. Dr. Nardi is the director of the School and Mental Health Counseling Programs at the Rockland Graduate Campus of Long Island University.

(PLEASE SEE REGISTRATION INFORMATION ON REVERSE SIDE)

**CENTER FOR PROFESSIONAL DEVELOPMENT AND LIFELONG LEARNING
ROCKLAND GRADUATE CAMPUS • LONG ISLAND UNIVERSITY
70 Route 340 Orangeburg, New York 10962 • (845) 359-7200, ext. 5434**

REGISTRATION FORM
Certificate in Eclectic Cognitive Behavior Therapy

Name: _____

Mailing Address: _____

City: _____ State: _____ ZIP: _____

Home Phone: _____ Business/Cell Phone: _____

E-mail Address: _____

Today's Date: _____

METHOD OF PAYMENT • COST: \$395

_____ Check made out to "Long Island University" enclosed

_____ Discover _____ MasterCard _____ VISA

Credit Card Number: _____

Expiration Date: _____ Amount: _____ Billing ZIP Code: _____

Home Phone: _____

Name of Cardholder (print): _____

Signature of Cardholder: _____

PLEASE RETURN FORM AND PAYMENT TO:
Rockland Graduate Campus of Long Island University
Center for Professional Development and Lifelong Learning
70 Route 340 • Orangeburg, NY 10962-2219
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