LIU HUDSON AT ROCKLAND

Certificate In Eclectic Cognitive Behavior Therapy



There is an increasing demand for counselors and therapists who are trained in cognitive behavioral approaches. This program will provide psychologists, mental health counselors, school counselors, social workers, psychiatric nurses and others in similar fields with training that will enhance their skills and expand their career options.

Training in Eclectic Cognitive Behavior Therapy will provide a strong foundation in the basic theory and application of the major cognitive behavior systems. The program will focus on assessment techniques; identifying and disputing maladaptive beliefs; setting appropriate treatment goals; contrast and integration of cognitive behavior therapy with other therapies; and the use of homework. The specific cognitive behavioral techniques for treating anxiety, phobias, obsessive-compulsive disorders, depression and other problems will be covered.

Students will receive a Certificate of Completion in the basic theory and practice of ECBT upon successful completion of the course.

Class Dates: Sundays: November 4, November 18 and December 2, 2012

Time: 9 a.m. - 3 p.m.

Location: LIU Hudson at Rockland

70 Route 340 • Orangeburg, NY

(GPS Address: 230 Route 340, Sparkill, NY)

Room: TBD

Fee: \$395

Instructor: Thomas J. Nardi, Ph.D.

Thomas J. Nardi, Ph.D. is the originator of Eclectic Cognitive Behavior Therapy which he has been practicing for 30 years. He has been a training superviser at the Albert Ellis Institute and has published articles and book chapters on ECBT. Dr. Nardi is the director of the School Counseling and Mental Health Counseling Programs at LIU Hudson at Rockland.

(PLEASE SEE REGISTRATION INFORMATION ON REVERSE SIDE.)



REGISTRATION FORM

Certificate in Eclectic Cognitive Behavior Therapy

Name:		
Mailing Address:		
City:	State:	_ ZIP:
Home Phone:	Business/Cell Phone:	
Email Address:		
Today's Date:		
METHOD OF PAYMENT COST: \$395 Check made out to "Long Island University" enclosed		
Center for Professional Development and Lifelong Learning Charging Stub		
Discover MasterCard	Visa	
Credit Card Number:		
Expiration Date: Amount:	Bil	lling ZIP Code:
Home Phone:		
Name of Cardholder (print):		
Signature of Cardholder:		

PLEASE RETURN FORM AND PAYMENT TO:

LIU Hudson at Rockland Center for Professional Development and Lifelong Learning 70 Route 340 • Orangeburg, NY 10962-2219

