

The PsyD OutPut (P.O.P.)



Clinical Psychology Doctoral Program
College of Liberal Arts & Sciences, LIU Post
(516) 299-2090

2014 Summer

The LIU Post Clinical Psychology Doctoral Training Program has over 200 graduates working domestically and abroad in settings as diverse as community hospitals, university counseling centers, private practice, VA hospitals, academic training programs, school settings, and more. As a training program following a practitioner-scholar, students' training is balanced between experiential learning and clinical research.



In this Issue...

Not too long ago, the faculty of the College of Liberal Arts & Sciences at LIU Post was asked, by our Dean, to put together a list of student accomplishments in our various departments. Our PsyD faculty immediately thought of a huge list of activities that our current students and recent alums were engaged in that could make it onto the list.

And so, the list got longer,

and longer, and longer... until it made more sense to showcase all of this amazing work – largely initiated and carried out by students themselves – in a newsletter dedicated to student work within and external to the program.

From practicum, externship, and internship experiences to post-doctoral work to that first employment setting – our students and alums are actively engaged in the program's

mission to serve the underserved by way of clinical work in the tri-state area.

In addition, students conduct clinical research, which has been presented at regional and national conferences. These research studies are often part of their work in the Psy.D. Program, but also include student-driven research initiatives. We could not be prouder to be able to showcase their work here!

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Students & Alums – the Linehan Institute

LIU Post is the only Psy.D. program in the nation be selected to implement and evaluate a clinician-scientist training curriculum to increase clinical, research, and training competence in Dialectical Behavior Therapy. This program is called "DBT in a Box" and is a novel curriculum that involves an enhancement of existing graduate and professional training, with a focus on preparing clinician-scientists to (1) treat high-risk multi-problem clients; (2) inspire the development of clinical research programs for untested applications of DBT;

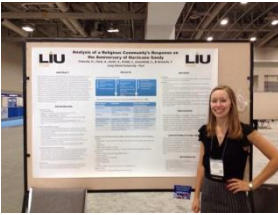
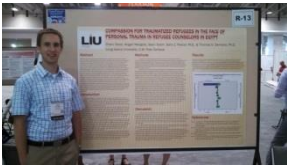
(3) translate empirical clinical findings to clinical practice and (4) disseminate DBT to treatment centers. The curriculum involves the following domains: (1) didactic instruction in research and theory related to treatment and target populations; (2) focused instruction by recognized experts in topic areas of particular relevance to the target populations (e.g., behavior assessment and therapy, suicide and crisis management; DBT); and (3) supervised clinical practice in each modality of DBT. While the active evaluation component of the DBT clinical-scientist program is complete,

students can still get involved in the remaining active program elements, including didactics, practicum and research. This year students and alums attended the Linehan Institute Luncheon with Dr. Rathus in April 2014

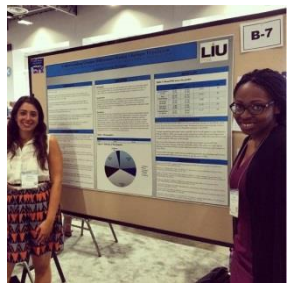
Back row (l. to r.): Ruth DeRosa, Ph.D.; Gus Cutz, M.S. (5th Year student, Cognitive Behavior Associates (CBA) Extern); Marsha Linehan, Ph.D. (Linehan Institute Founder); Steven Schalger, Psy.D. (LIU-Post Alum, CBA Post-Doctoral Fellow); Lisa Gettings, M.S. (4th Year student & CBA Extern); Kristin Wyatt (CBA Extern)



Practicum & Externship Placements



"In this program, we are encouraged to stay curious."



In the **second year** of our five-year training program, students complete an on-site practicum in our Psychological Services Center. Graduates student therapists carry a 4-6 client caseload over the course of their practicum year.

In addition, they receive training through weekly in-services, clinic meetings, and multiple supervision hours with their faculty, community, testing, and group supervisors. Students will often use their clinical work from this training experience for their Clinical Competency Examination.

The PSC is the on-campus community health center, which serves the local community. Many of the program's alums serve as community supervisors in the clinical.

In particular to students' niche training experiences, doctoral program faculty use the PSC to run program such as the Family Check-In program (Dr. Vidair) and the

Living with Loss Bereavement Group (Dr. Demaria)

This on-site clinic provides the program with a unique opportunity for intensive supervised training of our doctoral students.

In the **third and fourth year** of their training, students complete a part-time externship at an external training site. While on externship, students complete 16-20 hours per week of clinical work. This may include individual therapy; group therapy; work with children, adults, families, couples; clinical supervision.

In some cases, students will use their clinical experiences from externship for the Clinical Competency Examination (in the summer of their fourth year) or for their dissertation research.

In 2014-2015, students are currently placed at:

- Addictions Institute

- Albert Einstein Adolescent Unit
- Albert Einstein Early Childhood Center
- Beatman JCCA
- Cognitive Behavioral Associates
- Child & Family Cognitive Behavioral
- Children's Day Unit
- Columbia Eating Disorders
- Creedmoor
- Glen Head Elementary
- Hackensack Pediatric
- Harlem Hospital
- Hoboken UMC
- Jamaica MH
- Kings County Child
- LIJ ADHD; Acute Care - Assessment Focus; Eating Disorders
- Maimonides
- Manhattan Psychiatric
- NUMC
- NY Foundling - Queens
- NYCCC Bronx
- SB Krasner
- SCO Family of Services
- SUNY Old Westbury
- Weill Cornell Neuropsych

The PsyD Program's Trauma Team

On Wednesday, December 11th, members of the PsyD Program's Trauma Team - Dr. Demaria, along with Charu Sood and Avigail Margolis, traveled to Washington, D.C. to present in front of the U.S. Senate on school tragedies, violence, and the mental health of the professionals.

The Trauma Response Team works hard to employ the mission of the PsyD Program and therefore is committed to serving the under-served. The TRT, which is coordinated by a team of Doctoral Psychology Graduate Students and led by Dr. Thomas Demaria, has provided approximately 30

off-site counseling responses following large and small disasters including trauma-informed outreach and intervention to vulnerable community members, such as schools and soup kitchens, whose lives have been impacted by trauma.

2014-2015 Internship Placements

At the beginning of the fourth year of the program, students enter into a competitive national internship application match. They compete nationally with students from across the nation in both Ph.D. and Psy.D. programs for full-time internship positions in various clinical settings. Students will interview with sites over the course of their 4th year, until final acceptances are sent in early March.

This fifth year training experience is the capstone clinical field experience of students' training with the program.

In 2014-2015, the programs' fifth year students are

currently placed at internships at the following sites:

- Albert Einstein College / Montefiore
- Beth Israel Medical Center
- Bronx VA Medical Center
- Brooklyn College
- Derner Institute Internship Consortium
- Fay Lindner Center for Autism and Developmental Disabilities
- Great Hartford Clin/ VA Newington
- Institute of Living / Hartford Hospital
- IPTAR (2year)
- Kings Book Jewish Medical Center
- Kings County
- Lenox Hill Hospital
- LIJ Medical Center / Zucker Hillside
- Manhattan Psychiatric Center
- Manhattan Psychiatric Center
- North Bronx Healthcare Network
- NUMC
- Pilgrim Psychiatric Center
- Rutgers University Behavioral Healthcare
- St. Luke's Roosevelt Hospital Center
- YCS Institute for Infant and Preschool



Post-Doctoral Fellowships & Employment

Congratulations to the following alum that are finishing up their post-doctoral fellowships or first post-graduate year employment this summer:

- **Catherine Adams, Psy.D.** is working at the South Beach Psychiatric Center
- **Adi Avivi, Psy.D.** is completing a post-doc at LIJ
- **Victoria Stein, Psy.D.** is completing a Post-Doctoral Fellowship at Center for Cognitive Health at Icahn School of Medicine at Mount Sinai and moving onto a 2nd year in the psychotherapy program at New York Psychoanalytic Society & Institute.
- **Kathleen Källström-Schreckengost, Psy.D.** is completing a 1-year post-doc at Montclair State University
- **Eric Pollak, Psy.D.** is completing a post-doc at Yeshiva University Counseling Center
- **Michelle Conti, Psy.D.** is currently a post-doc fellow in the child welfare program at Westchester Institute for Human Development in Valhalla, NY. This is an APPIC post doc fellowship.

Congratulations to the following recent graduates who have obtained prestigious post-doctoral fellowships or employment positions for the 2014-2015 year:

- **Jeremy Novich, Psy.D.** Counseling Center at Stevens Institute of Technology in Hoboken, NJ
- **Michelle Conti, Psy.D.** has accepted a position at Lifeline Center for Child Development in Queens.
- **Dustin Kahoud, MS (2014)** will be at the Derner Institute at Adelphi
- **Kristin Kunkle, MS (2014)** will be at the Outpatient CBT post-doctoral training at Columbia University Center for Anxiety and Related Disorders
- **Jennifer Andersen, MS (2014)** postdoc: Andrus in Yonkers
- **Eric Pollak, Psy.D. (2013)** Center for Anxiety
- **Jennifer Renz, MS (2014)** will be at North Shore-Long Island Jewish (NS LIJ) in Glen Oaks, NY as a post-doctoral fellow.
- **Shamshy Schlager, MS (2014)** will be at Cognitive Behavioral Associates for a post-doctoral training year.
- **Cassie Fichter, MS (2014)** will be at St. Luke's Hospital
- **Erica Meyers, MS (2014)** will be at the CU-CARD NIH Study



Our 2014 graduates at the May 9, 2014 – LIU Post Commencement Ceremony



Dissertation Defenses

Defenses in 2013-2014

- Adams, Catherine (2013). Black Women Psychologists: A Qualitative Study Exploring Subjective Experiences Faced on Their Paths Toward Career Advancement
- Barry, I. "Complex Trauma and the Utility of Criteria A2 for a Diagnosis of Posttraumatic Stress Disorder in a Traumatized Adolescent Sample"
- Fichter, C. (2014). Intervening with Secondary Victims of Natural Disasters: Posttraumatic Stress, Growth, and Peer Support In Haitian-American Youth
- Kahoud, D. (2014). Messages In A Bottle: Omnipotent Fantasies in Creativity and Substance
- Kunkle, K. (2014) Maternal Treatment Acceptability and Preference of Room Time-out and Deferred Time-out Escape Contingencies
- Levi, S. (2014). An Evaluation of a Modified Multi-Family Group A.R.T. Program
- Light, E. (2014). A Qualitative Study of Working Mothers' Experience Employing Nannies
- Novich, J. (2014).. The Experiences of Gay Jewish Men in the Orthodox Community: Social Justice, Oppression, and Winnicott
- Osei, A. (2014). Black Clinical and Counseling Psychology Students: Navigating an Interpersonal Matrix
- Rugg, Ian (2013) The Male Student's Experience in a Clinical Psychology Doctoral Program: A Qualitative Study
- Stein, Victoria. (2014). To Test or Not to Test: Psychological Considerations Associated with Genetic Testing in Young Adults.
- Stratis, A. (2014) The Experience of the Artist as a Parent: A Qualitative Study
- Wycsocki, M. "Trauma

Processing Theory and an Art Narrative Therapy Intervention for Children in Residential Treatment."

Upcoming Defenses:

- Decou, S. "What Low-Income, Depressed Mothers Want From Mental Health Care: Overcoming Treatment Barriers From Their Perspective"
- Gottesman, B. "Train Up a Child in the Way He Should Go:" An Examination of Parent Attitudes Towards Attending Parent-Training Interventions in Houses of Worship
- Meyers, E. "Does Behavioral Extinction Treatment for Bedtime Resistance Negatively Impact a Child's Attachment Behavior?"
- Pearl, E. "Parent Acceptability and Preference of Cognitive Behavioral Therapy Approaches to Treating Anxiety in Young Children (Ages 2-7)"
- Smedresman, S. "The Relationship Between Scheduled vs. On Demand Feeding and Attachment."

Alumni Connection

This year the Alumni Mentorship program, organized by Dr. Feindler and 3rd year student, Jenny Klein, began to much success.

What Alumni Participants Say About the Program:

From Amy Mack (graduated in May 2002):

"Having a mentee has been a wonderful way to see how the PsyD program has grown and evolved. It's been a great way for me to continue to be connected with the program. Being a mentor has

helped me see my own professional growth and provides me with an opportunity to give back."

From Jessie Suh (graduated in 2004)

"I have truly enjoyed meeting and working with my mentee. Our discussions range from managing graduate school work and personal life, to planning for a career in clinical psychology. I sense that my mentee also seeks the exposure to professional aspects of psychology- roles/tasks available to

psychologists, etc. I also enjoy learning about what's happening in the doctoral program- a way for me to keep in touch.

We were able to "FaceTime" every 3-4 weeks, and we both preferred to use a weekend day to correspond. It worked out great (when my kids are taking naps)..."

Current students were also able to meet some of our alumni at the APA Annual Conference meet up on August 7th. (Pictured to the left).



2014 Student Research

During the 2014 American Psychological Association's Annual Convention in August in Washington D.C., 25 doctoral students from the Clinical Psychology Doctoral Program will be presenting 15 number of posters ranging from topic on stress, anxiety, trauma, training, sexual assault, and schools.

The titles of their posters are listed below:

Akinrinade, G., Blocher, J. B., Ross, M., Magid, L., Mercurio, A., Vidair, H.B. (2014). Helping low-income parents identify stressors and stress management skills.

Akinrinade, G., Halpert, R., Kason, R., Pascal, S., & Demaria, T. (2014). Understanding gender differences in posttraumatic growth within a refugee population.

Feintuch, P., Margolis, A., Sood, C., Polonsky, S., Muschel, A., & Demaria, T.P. (2014, August). Gambling and Other Drugs: A study of Adolescent Gambling and Substance use

Halpert, R., Akinrinade, G., Kason, R., Pekala, K., Margolis, A., Sood, C., Pascal, S.Z., Demaria, T. P. (2014). Religion, Meaning-Making, and Posttraumatic Growth: A Study of International Refugee Aid Workers.

Hunter, N., & Barsky, T. "Dyadic experiences of annihilation anxiety as a barrier to effective humanistic treatment."

Japko, D., Chu, D., Schroeder, M., Fanciullo, M., Fults, E., Ramotar, K., Lo, T., Apura, A., Bourie, F., Kozakowski, J., & Goodman, G. (August, 2014). The Relations Between Reflective Functioning and Interaction Structures in the Psychodynamic Therapy of Patients with Borderline Personality Disorder.

Kason, R., Akinrinade, G., Halpert, R., Demaria, T. (2014). Personal Experience as a Motivating Factor for Sexual Assault Education, Advocacy, and/or Support Work.

Levant, R., Bassman, R., **Hunter, N., & Shroeder, M.** "Integrating recovery from anomalous mental states into the education and practice of psychologists."

Magid, L., Ross, M., Fanciullo, M., Blocher, J., Sauro, D., & Vidair, H.B. (2014, August) Do Workshops Increase Knowledge of Parenting Techniques and Engagement in Future Services?

Muschel, A., Schechter, I., Perlman, S., & Demaria, T.P. (2014) Can one's religious

community encourage a particular drug of choice?

Sauro, D., Vidair, H. B., **Blocher, J. B., Scudellari, L. A.,** Hoagwood, K. (2014, August). Who implements school-based mental health interventions? School v. outside staff.

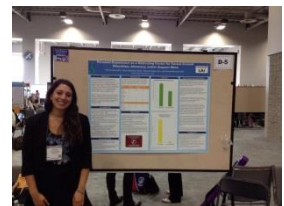
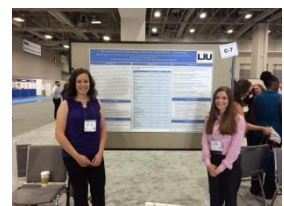
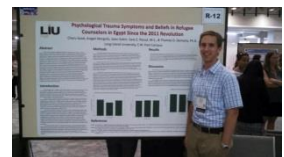
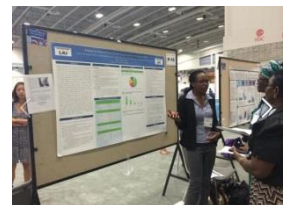
Schlager, S. & Feindler, E. (2014, August). Financial Support to Emerging Adults: Does Money Matter?

Smith, A., Francois, D., Kason, R., Littman, S. & Demaria, T. (2014). Superstorm Sandy's effect on teacher self care in communities directly affected versus not.

Smith, A., Sobin, S., Mercurio, A., Greenblatt, S. & Demaria, T. (2014). Understanding the artistic defense mechanisms created by children involved in community violence.

Sood, C., Margolis, A., Sobin, S., Pascal, S., Demaria, T. Compassion for Traumatized Refugees in the Face of Personal Trauma in Refugee Counselors in Egypt.

Sood, C., Margolis, A., Sobin, S., Pascal, S., Demaria, T. Psychological Trauma Symptoms and Beliefs in Refugee Counselors in Egypt Since the 2011 Revolution.



Camp Galaxy

On July 23, 2014, The American Group Psychotherapy Association (AGPA) once again provided a Camp Galaxy Day to military children from anywhere in New York at the 106th Rescue Squad in Westhampton Beach, NY. Led by Dr. Suzanne Phillips, Co-Chair of The AGPA Community Outreach Task Force, the team included nine Counselors who are Psychology Doctoral Students from CW Post University (Post LIU) known by Dr. Phillips for their experience with children, trauma and groups. They included Danielle Sauro, Danielle Francois, Amanda Smith, Amanda Meade, Deborah Chu, Sam Greenblatt, Jane Piesman, Shimmon Littman and Adan-Ratner-

Stauber. The American Group Psychotherapy Association is grateful for the generosity of service offered by these doctoral students, whose involvement made this program possible.

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While your main goal of distributing a newsletter might be to sell your product or

service, the key to a successful newsletter is making it useful to your readers.

The AGPA Camp Galaxy Day is an outreach mission meant to use our understanding of the power of group to give something back to the children of military families who have given so much to all of us by their service. This year, Lisa D'Agostino, Airmen and Family Readiness Program Manager and the members of the 106th Rescue Squad once again joined us in supporting camp activities and expressed a special thank you to The American Group Psychotherapy Association for once again making this day

Alumni Spotlight:



In 2014, the PsyD Program its Outstanding Alumni, Carol Mackauf, Psy.D.

Dr. Mackauf's work has been exemplary in terms of the Clinical Psychology Doctoral Program's mission to serve the underserved, as well as the overall LIU Post mission. This award was presented to her for her generous, dedicated and unswerving charitable work under the banner of the non-profit Tibetan Buddhist Charitable Aid Corporation. The PsyD Program wanted to recognize her (and her

husband Stephen Mackauf) support for establishing and conducting humanitarian projects in impoverished and remote areas of India and Nepal.

The organization she and her family have developed and supported, including bringing safe and efficient stoves to villages where the traditional, unvented, open stove in the family hut is causing deforestation as well as eye and lung damage, represents the true spirit and mission of the Clinical Psychology Doctoral

Program. As a result the faculty has awarded her this honor and also wishes to convey its enormous pride that she is an alumna of our program.

Here is some information on her work:

- A short documentary clip about the Clean Stove Project: https://www.youtube.com/watch?v=5oXDzzz_wjg
- She is a co-founder of the Tibetan Buddhist Charitable Aid, Inc : <http://www.buddhistcharity.org>

